



LIFE MANAGEMENT CERTIFICATE

2012-2013

This certificate is designed to provide students with the information, perceptions and skills necessary to move toward responsible independence and effective interpersonal relationships. Resources such as time, money and energy will be stressed along with the study of the physical, mental, emotional and social needs of all ages. This curriculum is essential for preparing individuals to balance personal, family and work responsibilities throughout the life cycle.

All courses to be applied to the Life Management Certificate must be completed with a "C" grade or better.

REQUIREMENTS FOR CERTIFICATE:

			<u># of Units</u>
ECE	1	Human Development (F/S)	3
FSS	16	Marriage and Family (F/S)	3
FSS	60	Life Management (F/S)	3
FSS	25	Nutrition (F/S)	3
FSS	46	Personal Finance (S)	3

TOTAL UNITS FOR CERTIFICATE

15 Units

Safety, Physical Education, and Consumer Sciences

(530) 242-7590

Shasta College

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"F" (Fall) and "S" (Spring) indicates which semester a course is usually offered. "I" indicates course may not be offered every year. **Subject to change.**

(For reference only)