

## **The Trinity County Adult Learning Center Parenting Classes**

These courses provide parents with time-tested techniques that will help their children not only at home but also at school. Parents who complete these trainings will have children that are better prepared for school and who are ready to learn.

*The Trinity County Adult Learning Center is proud to offer the following Love & Logic courses:*

### ***Parenting the Love and Logic Way:***

*The person leading the class is an independent facilitator and does not work for the Love and Logic Institute.*

#### *Class Description-*

*Gain practical and proven tools for raising respectful, responsible, and happy kids! Through this class you will learn techniques that are:*

- 1. Simple and easy to learn*
- 2. Teach responsibility and character*
- 3. Lower your stress level*
- 4. Have immediate and positive effects*
- 5. Up the odds that you will enjoy lifelong positive relationships with your kids....and your grandchildren.*

#### *Logistics-*

*This class will be held over a period of 6 weeks at 1 and 1/2 hour sessions for a total of six sessions. Classes will be held primarily at the Trinity County Office of Education, however, these classes can go mobile depending upon needs in our county. In addition to the required face-to-face six 1 and 1/2 hour sessions, participants will be able to ask questions and submit assignments in our online google classroom.*

### ***Love and Logic Early Childhood Parenting Made Fun! (For parents and grandparents of children ages birth to 6):***

*The person leading the class is an independent facilitator and does not work for the Love and Logic Institute.*

#### *Class Description-*

*When parents start using the strategies of Love and Logic early in their children's lives, they dramatically up the odds that the teenage years will be fun...instead of frantic. They also create kids who'll begin school ready to learn...instead of ready to drive their teachers batty. You will learn techniques that help:*

1. Show your tots that whining and arguing does not pay.
2. Put an end to misbehavior in public.
3. Smooth-out mornings and bedtimes
4. Calm sibling bickering and battling
5. Take the battle out of mealtimes, tooth brushing, bathing, etc.
6. Make potty training fun
7. Teach respect, responsibility and self-discipline
8. And much, much more!

#### *Logistics-*

*This class will be held over a period of 5 weeks at 1 and 1/2 hour sessions for a total of five sessions. Classes will be held primarily at the Trinity County Office of Education, however, these classes can go mobile depending upon needs in our county. In addition to the required face-to-face five 1 and 1/2 hour sessions, participants will be able to ask questions and submit assignments in our online google classroom.*

#### **9 Essential Skills for the Love and Logic Classroom**

*The person leading the class is an independent facilitator and does not work for the Love and Logic Institute.*

#### *Class Description-*

*Designed for classroom educators. You will learn techniques that have withstood over thirty years of testing in classrooms all over the world. Since 1977, educators have been discovering how Love and Logic makes teaching fun rather than frantic. You will be guided through 9 essential skills, however, since problems with students are unique to each situation, the facilitator of this course will not tell you to use a particular technique, they will guide you to Love and Logic sources that show ways other educators have dealt with similar challenges.*

#### *Logistics-*

*This class will be held over a period of 9 weeks at 1 and 1/2 hour sessions for a total of five sessions. Classes will be held primarily at the Trinity County Office of Education, however, these classes can go mobile depending upon needs in our county. In addition to the required face-to-face nine 1 and 1/2 hour sessions, participants will be able to ask questions and submit assignments in our online google classroom.*

#### **Train the Trainer Option:**

TCOE also provides a “train the trainer” option which allows us to teach the above mentioned Love and Logic classes to learners who want to train others in their communities. The Train the trainer option is put on throughout the year based on need. Those who complete the training will be able to facilitate Love and Logic in their communities.

*For more information regarding our Love and Logic classes please contact Cassie Telles at 530-623-2861 ext 254.*

**Here's what parent's have had to say about Love and Logic:**

*1/8/14 - Thank you so much for your way of discipline! I've been teaching for almost 20 years and this is the first time I don't go home angry, frustrated and completely drained. If you truly understand and implement this consistently it will change your kids at school and home and change your life. Once you truly understand the logic behind this way of teaching/parenting it becomes second nature. Thank you again! - Karyn S., Parent, Teacher, Pleasanton, TX*

*10/29/13 - I just wanted to thank you for such a wonderful program. We took the class when our daughter was a toddler, and have recently taken it again now that she is older and our son is a preschooler. We learned so much the first time, but were mainly focusing on the early childhood group and wanted to learn more. I have found that each time I listen, I hear something new that I can implement. Leah W., Parent, Olathe, KS*

*9/30/13 - My stepson's mother sent me the book, Parenting Teens with Love and Logic, last week. I (VERY skeptically) picked it up this morning in a last ditch effort to win a chore battle with my step daughter. I can't put it down, and have already purchased the first Love and Logic book to start reading. I am a very young mother with small children AND older step children, and this book has become a Godsend almost immediately after opening it. Thank you so much for this contribution to society... My only regret thus far is not having read these books sooner. I feel like a weight has been lifted off of my shoulders, and like everything is going to be 'OK.' This is the closest thing to that holy grail of a 'Parenting Manual' I think anyone will ever get. Thank you again!! Baley K., Step-mom*